



## 2010 Blaine Bengal Youth Baseball Clinic

### COME JOIN THE FUN!

Learn baseball fundamentals from the Blaine High School baseball coaching staff & players. Each player receives a baseball clinic T-Shirt, Bengal window sticker and a magnet schedule for the 2010 varsity baseball team!

- **Sundays, February 21st, 28th, March 7st & 14th 2010**
- **For Athletes in 3rd-9th Grade**
- **3rd-5th Grade: 1:30-3:00 P.M.**  
**6th-9th Grade: 3:15-4:45 P.M.**
- **Blaine High School field house**
- **Fee: \$45.00 (For one or all four Sundays)**
- **Players should bring a baseball glove and wear gym shoes if possible.**  
**Players may bring their own bats, helmets, and catcher's gear if they choose.**
- **Attendance each week is encouraged but not necessary.**

### Clinic Philosophy

The Bengal Youth Baseball Clinic is a fundamental skills clinic. The main goal of the youth clinic is to teach basic batting, pitching, base running and fielding techniques including throwing and catching. These skills are taught in stations and players will be rotated through to each of the stations. Each station will be run by a high school coach or player who plays that particular position or who excels at hitting for the batting stations.

### Clinic Format

Players are divided up into two grade levels (3rd-5th & 6th-9th grade) and will participate in two separate sessions. The 3rd-5th graders will participate from 1:30-3:00 P.M. and the 6th-9th graders will participate from 3:15-4:45 P.M. In each session players will be grouped primarily with players in their same grade. All players will have an opportunity to participate in each of the stations.

**For Further Information, please call  
Bengal Head Coach Tim Sukalski  
at Blaine High School  
763-506-6648 or visit the Bengal website at  
[www.blainebaseball.org](http://www.blainebaseball.org)**



*This activity is not sponsored or endorsed by Anoka-Hennepin School District #11 and this material is not printed at district expense.*

# Registration Form-Blaine Bengal Youth Baseball Clinic-2010

Athlete's Name \_\_\_\_\_ Grade \_\_\_\_\_

Home Phone \_\_\_\_\_ Alternate Phone \_\_\_\_\_

Address \_\_\_\_\_  
Street City State Zip Code

Parent E-mail Address \_\_\_\_\_

**Please circle as many positions you would like to learn more about:**

Pitcher                      1st Base                      3rd Base                      Outfield  
Catcher                      2nd Base                      Shortstop

**Please circle T-Shirt Size:**

Youth                      L  
Adult                      S                      M                      L                      XL

**Make \$45 checks payable to the Blaine Dugout Club and return with this registration form to Tim Sukalski, Blaine High School, 12555 University Avenue NE, Blaine, MN 55434**

***\*Register by February 19th to ensure a spot in this year's clinic!***

## **Blaine Bengal Youth Baseball Clinic**

In consideration of your accepting this entry, I hereby, for myself, my heirs, executors, and administrators, waive any and all rights and claims for damages I may have against School District #11 or its representatives, successors, and assigns for any and all injuries suffered by me or my child while a participant or spectator at the activity indicated above.

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Signature of Parent/Guardian

Date

**Read and sign the above and return this form along with \$45 payable to "Blaine Dugout Club". Send to Tim Sukalski at Blaine High School, 12555 University Avenue NE, Blaine MN 55434**